

Name: _____

Week of _____

Instructions: Put this worksheet in a visible place (e.g., on the fridge). Every day this week, complete one of the listed activities. Color in the happy face and have your helper sign on the bottom when you are done.



Ask someone a question that begins with "What" to learn more about that person. Make sure to look at them and listen to their response.



Carly says, "I had the worst weekend!!" What are two things you could say to her or ask Carly?



Andy's baby brother scribbled on the wall with markers. Should Andy get mad at his baby brother? Why or why not? How could this problem have been prevented?



Clark is always mean to the other kids in his class and teases them. Bella is telling her mom about this and says, "I wish someone would give Clark a taste of his own medicine!" What does Bella mean by that?



Cindy is at a birthday party where she is eating carrots with dip. Why shouldn't she dip her carrot back into the bowl after she has taken a bite?



Say, "My name is _____ and I am _____ years old," while using a bored tone of voice.



Next week Erica's best friend is moving to a new city and they won't get to see each other that often. How do you think the girls feel? What are two ways they could stay in touch with each other?




Advice Wizard!
If someone gives you a compliment, make sure to say, "Thank you."


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 Travis is in a wheelchair. He goes to the mall with his mom. How can they get to the second floor? Why can't they take the stairs?


 Robert was supposed to be home by 7 o'clock, but it is already 8 o'clock when he unlocks the door. Robert says, "I'm an hour late! I hope Dad doesn't chew me out!" What does Robert mean by that?

 It is Jenna's mom's birthday tomorrow. Jenna wants to wrap her mom's gift, but doesn't have any wrapping paper. What could Jenna do?

 Think of a time you were feeling excited. What made you feel this way?

 At dinner, Sam wipes his mouth on the napkin and puts the dirty napkin on the table right by his mom's plate. What might his mom think about that? What should Sam do with his napkin instead?

 Sierra and her classmates are working on some math problems independently. Sierra doesn't understand how to do one of the problems but the teacher is helping another student. What are two things she could do?

 Name three different ways in which you can show good manners when you are at a movie theater.



Advice Wizard!
Make sure not to do things in public that other people might think are gross, such as burping, passing gas, and picking your nose.

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Today is show and tell day, but Molly forgot to bring her item. Is this a big or a little problem? What might Molly say to the teacher? What could Molly do to solve the problem?



Madison is in the computer lab and Jayden starts sitting down next to her. "You can't sit there," Madison says, "I don't like you." Why is this not the right thing to say? How might Jayden feel? What should Madison have said and done instead?



What are two ways you would know that someone is feeling bored?



Draw on the face below so that it looks calm. When do *you* feel calm?



Melody is participating in the talent show and doing a dance. As she is performing, she trips and falls in front of the entire audience. How do you think Melody feels? What should she do?



Ask someone about their favorite food. Make sure to look at them and listen to their response. Then tell them about *your* favorite food.



Garrett is getting ready for school and can't find any clean clothes. Why is this a problem? What could Garrett do to solve his problem?




Advice Wizard!
When you are feeling frustrated or angry, try to think of something happy and count to 10. This might help you cool off.

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Play "I Spy" with someone. Make sure to take turns!




Leah's soccer team is not having a good season. Her team already lost 5 games! What are two things the coach could say to the team to make the players feel better?




Maggie is eating dinner with her family and burps loudly. What did Maggie do wrong? Why?




When playing outside, Sebastian sees a snake in the grass. He tries to poke it with a stick. Why is this a problem? What should Sebastian do instead?



Lena and Jack are playing a board game and they both want to go first. What are two ways in which they could decide who has the first turn?



Think of three things a good friend does not do. Write them on the back of this page.



Irene entered a poem in a writing contest. "I hope you win!" her mom says. "I will keep my fingers crossed!" What does Irene's mom mean by that?



Advice Wizard!
If someone tells you a secret, it means that you should not tell the secret to anyone else.

X Helper Signature